

# Vocabulary Learning Strategies Instruction: A Case Study Of Teachers' Practices And Perceptions

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## ABSTRACT

Vocabulary Learning Strategies (VLS) are widely acknowledged to be effective in facilitating learners' vocabulary acquisition and explicit instruction of VLS is required for learning to take place. Past studies indicated that Vietnamese EFL learners do employ various strategies to learn vocabulary; however, VLS instruction has not been as widely researched. Thus, a qualitative case study was employed with the aim of exploring the teachers' practices and perceptions regarding VLS instruction. Four teachers were selected by maximal variation sampling. Twelve non-participant observations and four semi-structured interviews with four teachers were used to collect data. Findings revealed that the teachers had positive perceptions regarding VLS and VLS instruction. Furthermore, it was discovered that they had mixed opinions concerning the necessity of explicit instruction of VLS. Half of the teachers agreed that VLS instruction is necessary; however, they did not explicitly teach VLS. The other half argued against explicit instruction of VLS and merely employed VLS as a technique to explain the meaning of new words. This study thus concluded that there was a mismatch between the practices and perceptions of teachers, and from this, implications about the necessity of teaching VLS, vocabulary teaching practices, and teacher training were made.

**Key words:** vocabulary, vocabulary learning strategies, perceptions, practices

## 1 INTRODUCTION

### 2 Background to the study

Vocabulary is considered “the heart of language comprehension and use” (Hunt & Beglar, 2005, p. 24)<sup>1</sup>, reflected in a famous remark by Wilkins (1972): “Without grammar, very little can be conveyed. Without vocabulary, nothing can be conveyed” (as cited in Schmitt, 2010, p. 3)<sup>2</sup>. Indeed, the importance of vocabulary has also been proven in various studies (Horwitz, 1988; Hunt & Beglar, 2005; Schmitt, 2010)<sup>1-3</sup>, leading to increasing interest in its learning, retention, and instruction.

Among these, vocabulary instruction has received special attention. Systematic vocabulary learning is beneficial for retaining and producing vocabulary (Min, 2013)<sup>4</sup>. Vocabulary can be learned implicitly or explicitly (Hunt & Beglar, 2005; Schmitt, 2000)<sup>1,5</sup>, but explicit learning is considered more effective and leads to better retention and production (Hunt & Beglar, 2005; Nation, 2002; Schmitt, 2008)<sup>1,6,7</sup>. Consequently, explicit vocabulary learning and instruction are recommended in the vocabulary acquisition process.

Vocabulary learning can be assisted by Vocabulary Learning strategies (VLS), a sub-category of language learning strategies (Nation, 2013)<sup>8</sup>. Learners must

know a wide range of strategies and choose appropriately (Nation, 2013)<sup>8</sup> because their usability depends on multiple factors (Griffiths & Parr, 2001; Oxford, 1986)<sup>9,10</sup>. Using VLS systematically and independently entails an awareness of the possible strategies through teachers' instruction, which means VLS can be taught to learners (Griffiths & Parr, 2001; Le, 2018; Nation, 2013; Oxford, 1986; Singh, 2017)<sup>8-11</sup>. Despite their importance, VLS are largely under-researched in the Vietnamese EFL context. Local empirical studies established that Vietnamese EFL learners do employ strategies in their vocabulary learning (Do & Nguyen, 2014; Le, 2018; Nguyen, 2013; Nguyen, 2016)<sup>12,13</sup>. However, in general, issues related to teachers, such as their strategy instruction, have not received as much attention (Griffiths, 2007; Nguyen, Le, & Ngo, 2021)<sup>14,15</sup>. Strategy instruction helps students be aware of effective strategies and use them appropriately (Nguyen, Le, & Ngo, 2021)<sup>15</sup>, and teachers' perceptions and practices are of utmost importance as they can potentially affect the effectiveness of the teaching and learning processes (Griffiths, 2007)<sup>14</sup>. Given this importance, there exists a need for more empirical studies on VLS from teachers' perspectives.

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52 **Aims of the study**

53 Considering the importance of teachers' instruction  
 54 on VLS and the gap in the literature, this case study,  
 55 conducted at an English language center in Ho Chi  
 56 Minh City, aims to investigate how they perceive and  
 57 carry out VLS instruction in their teaching context.  
 58 The findings can help provide some pedagogical im-  
 59 plications which are potentially beneficial for the ex-  
 60 plicit VLS instruction at the research site.  
 61 To achieve those aims, the study attempts to answer  
 62 the following questions:

- 63 1. How do teachers teach Vocabulary Learning
- 64 strategies?
- 65 2. What are the teachers' perceptions of Vocabu-
- 66 lary Learning strategies instruction?

67 **LITERATURE REVIEW**

68 **Aspects of vocabulary knowledge**

69 It is assumed that knowing a word simply entails  
 70 knowing its meaning, and to a certain extent, this is  
 71 true (Henriksen, 1999; Schmitt, 2010)<sup>2,16</sup>. Know-  
 72 ing a word, however, involves more than knowing  
 73 its meaning (Nagy & Scott, 2000)<sup>17</sup>. Instead, vo-  
 74 cabulary knowledge is conceptualized as consisting  
 75 of multiple separate but interrelated aspects. Differ-  
 76 ent frameworks of vocabulary knowledge have been  
 77 proposed but perhaps the most comprehensive is that  
 78 of Nation (2013)<sup>8</sup>, which proposed that at the most  
 79 general level, knowing a word includes knowing its  
 80 form, meaning, and use. Knowledge of form includes  
 81 knowledge of both spoken and written forms of the  
 82 word and knowledge of word parts. For meaning,  
 83 the form-meaning connection is understandably the  
 84 first component to master. Additionally, a knowl-  
 85 edge of concepts and referents is also required. Fi-  
 86 nally, knowledge of vocabulary use entails knowledge  
 87 of the word's grammatical function, its collocations,  
 88 and lastly, its constraints on use. This framework is  
 89 further divided into receptive and productive mas-  
 90 tery, and the end result is a list of 18 different aspects  
 91 of word knowledge (Figure 1).

92 **Vocabulary Learning strategies (VLS)**

93 Vocabulary Learning strategies (VLS) are part of lan-  
 94 guage learning strategies, which are, in turn, part  
 95 of more general learning strategies (Nation, 2013)<sup>8</sup>.  
 96 Their exact definition remains a subject of debate but  
 97 generally, VLS are the conscious behaviors, steps, or  
 98 techniques employed by learners to enhance their vo-  
 99 cabulary learning (O'Malley & Chamot, 1985; Ox-  
 100 ford et al., 1989; Rigney, 1978)<sup>18-20</sup>. Oxford (1986)<sup>10</sup>

identified three main reasons why VLS are impor- 101  
 tant for language learning. First, VLS are important 102  
 because they are directly linked to learners' perfor- 103  
 mance. Successful learners often employ VLS more 104  
 frequently and effectively compared to their less suc- 105  
 cessful counterparts (Altmisdort, 2016; Simsek & Bal- 106  
 aban, 2010)<sup>21,22</sup>. Second, VLS help improve learners' 107  
 autonomy, enabling learners to take responsibility for 108  
 their own learning, thus shifting the focus from the 109  
 teachers to the learners (Oxford, 1986)<sup>10</sup>. Lastly, VLS 110  
 are of great import because unlike other individual 111  
 factors such as motivation, learning styles, attitude, 112  
 or aptitude, learning strategies are teachable. Indeed, 113  
 Mizumoto and Takeuchi (2009)<sup>23</sup> found that explicit 114  
 instruction of VLS resulted in an increase of strategy 115  
 use among learners with low and moderate levels of 116  
 VLS use. 117

118 **Teachers' perceptions and practices of VLS**

119 **instruction**

120 **Importance of VLS instruction**

121 Research on general learning strategies revealed that  
 122 learners employed various learning strategies in dif-  
 123 ferent situations and the applicability of learning  
 124 strategies is influenced by different factors (Oxford,  
 125 1986)<sup>10</sup>, which means a strategy may be useful in  
 126 one context but not in another. Successful learners  
 127 are aware of a wide range of strategies and use them  
 128 appropriately to fulfill the learning tasks (Anderson,  
 129 2005)<sup>24</sup>. For this reason, guidance and instruction  
 130 from teachers are necessary for learners to explore the  
 131 possible strategies most beneficial to them (Ölmez,  
 132 2014)<sup>25</sup>. Anderson (2005)<sup>24</sup> asserted that instruction  
 133 primarily aims to "raise learners' awareness of strate-  
 134 gies and then allow each to select appropriate strate-  
 135 gies to accomplish their learning goals" and the most  
 136 effective strategy instruction is integrated into regular  
 137 classroom instruction (p. 763). Learners need strate-  
 138 gies to take full control of their vocabulary learning  
 139 processes and accordingly, VLS instruction enables  
 140 them to do this effectively and independently. Merely  
 141 introducing the strategies to the learners, however, is  
 142 not enough (Nation, 2013)<sup>8</sup>; instead, the instruction  
 143 should be incorporated into vocabulary teaching with  
 144 a specific amount of time. That being said, teachers  
 145 receive little guidance on this aspect (Nation, 2013)<sup>8</sup>.  
 146 Webb and Nation (2017, in Webb, 2019)<sup>26</sup> pro-  
 147 pose three principles for teaching VLS. First, teach-  
 148 ers should raise students' awareness of the benefits of  
 149 VLS so that they are more likely to use those strategies  
 150 frequently. Second, teachers need to train students to  
 151 use VLS effectively rather than just introduce them to

Form	spoken	R	What does the word sound like?
		P	How is the word pronounced?
	written	R	What does the word look like?
Meaning	word parts	P	How is the word written and spelled?
		R	What parts are recognisable in this word?
	P	What word parts are needed to express the meaning?	
Use	form and meaning	R	What meaning does this word form signal?
		P	What word form can be used to express this meaning?
	concept and referents	R	What is included in the concept?
		P	What items can the concept refer to?
	associations	R	What other words does this make us think of?
		P	What other words could we use instead of this one?
Use	grammatical functions	R	In what patterns does the word occur?
		P	In what patterns must we use this word?
	collocations	R	What words or types of words occur with this one?
		P	What words or types of words must we use with this one?
	constraints on use (register, frequency ...)	R	Where, when, and how often would we expect to meet this word?
		P	Where, when, and how often can we use this word?

**Note:** R = receptive knowledge; P = productive knowledge

**Figure 1:** Aspects of vocabulary knowledge (Nation, 2013, p. 49)<sup>8</sup>

152 the students. Third, there should be a large amount  
 153 of time spent on training and assessing the students'  
 154 ability to use VLS effectively. Teachers are responsi-  
 155 ble for providing instruction so that students can use  
 156 VLS automatically in the vocabulary learning process  
 157 and gain independence in their own learning (Ölmez,  
 158 2014)<sup>25</sup>. When selecting the VLS, teachers should  
 159 take the learners and the learning context into consid-  
 160 eration, including the learners' proficiency level, their  
 161 cooperation to learn, their motivation and purposes  
 162 to learn the target language, and the nature of the tar-  
 163 get language (Schmitt, 2007)<sup>27</sup>.

#### 164 **Previous studies on teachers' perceptions** 165 **and practices of VLS instruction**

166 One notable study exploring teachers' perceptions of  
 167 VLS is by Lai (2005)<sup>28</sup>. In this study, Lai (2005)<sup>28</sup> ex-  
 168 amined Taiwanese EFL senior high school teachers'  
 169 awareness and beliefs of VLS and looked into the cor-  
 170 relations between their beliefs and teaching practices.

171 Findings from the study indicated that the teachers  
 172 were aware of the various VLS but applied some inap-  
 173 appropriately due to the lack of knowledge from relevant  
 174 research. They also implemented more frequently the  
 175 strategies they considered most useful. Nevertheless,  
 176 there were some strategies considered useful but not  
 177 introduced frequently in the classroom owing to con-  
 178 textual and learner factors.

179 In another study, Ölmez (2014)<sup>25</sup> conducted a mixed-  
 180 methods study to compare Turkish high school stu-  
 181 dents' and teachers' perceptions of VLS and teachers'  
 182 practices of strategy instruction. It was revealed that  
 183 the teachers attached great importance to the use of  
 184 VLS for vocabulary development and the instruction  
 185 of VLS for students' independent learning and teach-  
 186 ers' self-development. Despite claiming to introduce  
 187 various VLS to their students, the teachers encoun-  
 188 tered several obstacles such as class sizes, curriculum  
 189 design, and time limitations. They also acknowledged  
 190 that their instruction of VLS helped guide the students

191 to discover the strategies that suit their interests and  
 192 that the degree of students' applications varied among  
 193 students. Similar to Lai (2005)<sup>28</sup>, there was a positive  
 194 correlation between the teachers' perceptions of the  
 195 effectiveness of the strategies and their instructional  
 196 practices. However, there was a mismatch between  
 197 the teachers' instruction of VLS and the students' ap-  
 198 plication.  
 199 Pookcharoen (2016)<sup>29</sup> conducted a study with  
 200 twenty-four university teachers to explore their  
 201 beliefs about the usefulness of VLS and their  
 202 instructional practice, using questionnaires and  
 203 semi-structured interviews. The results showed  
 204 that there was a mismatch between the teachers'  
 205 beliefs and teaching practices, due to several factors  
 206 including students' English proficiency level and  
 207 motivation, teachers' vocabulary knowledge and  
 208 instructional approaches, and time constraints,  
 209 similar to those of Lai (2005)<sup>28</sup>.  
 210 Within Vietnamese contexts, Vu and Peters (2021)<sup>30</sup>  
 211 recognize that there have been few systematic investi-  
 212 gations into the practices of vocabulary teaching and  
 213 teachers generally do not train students to use VLS  
 214 effectively. Nguyen, Le, and Ngo (2021)<sup>15</sup> acknowl-  
 215 edge scant attention to the area of strategy instruc-  
 216 tion but highlight the importance of teachers' strat-  
 217 egy instruction mentioned in the sections of peda-  
 218 gogical implications and suggestions in some studies.  
 219 Some of those include raising students' awareness of  
 220 VLS and their usefulness (Duong, 2022; Phan et al.,  
 221 2020)<sup>31,32</sup>, allowing opportunities to practice and as-  
 222 sess students' use of strategies (Phan et al., 2020; Tran,  
 223 2020)<sup>32,33</sup>, and motivating students to use VLS inde-  
 224 pendently and autonomously outside the classroom  
 225 (Duong, 2022; Tran, 2020; Phan et al., 2020; Vu & Pe-  
 226 ters, 2021)<sup>30-33</sup>.  
 227 In summary, there have been a few studies conducted  
 228 on the teachers' perceptions and practices of VLS in-  
 229 struction. However, in the context of Vietnam, stud-  
 230 ies on VLS have mostly focused on students' use of  
 231 VLS and there has been very little research about  
 232 teachers' perceptions and practices of VLS instruc-  
 233 tion, although several implications related to teach-  
 234 ers' roles and strategy instruction have been put for-  
 235 ward in the literature. Furthermore, as most of the ex-  
 236 isting studies collect self-reported data through ques-  
 237 tionnaires or interviews, there exists a need to carry  
 238 out classroom observations in order to enhance the  
 239 reliability and validity of the data. For those reasons,  
 240 the current study is conducted using interviews and  
 241 classroom observations to investigate teachers' per-  
 242 ceptions and practices of VLS instruction in the Viet-  
 243 namese context.

## METHODOLOGY

244

### Research design

245

246 This study was conducted to seek an in-depth anal-  
 247 ysis of teachers' perceptions and practices of teach-  
 248 ing VLS; therefore, qualitative research was chosen.  
 249 According to Creswell (2012)<sup>34</sup>, qualitative research  
 250 allows researchers to explore a problem and develop  
 251 a detailed understanding of a central phenomenon.  
 252 Case study was adopted as the research design as it  
 253 offers the opportunity to investigate a phenomenon  
 254 within a real-world setting and can build a realis-  
 255 tic picture of the issues under investigation (Bassey,  
 256 1999)<sup>35</sup>. Additionally, it is also appropriate as the  
 257 small number of individuals involved will be easier  
 258 to recruit and have permission to obtain information  
 259 (Duff, 2011)<sup>36</sup>.

### Participants

260

261 The study was conducted at a language center in Ho  
 262 Chi Minh City. The students at this site are mainly  
 263 at the age of 12 to 15 at pre-intermediate, interme-  
 264 diate and upper-intermediate level and the teachers  
 265 can be responsible for teaching students at different  
 266 levels. Four teachers were selected with purposeful  
 267 sampling, specifically maximal variation sampling, to  
 268 get multiple perspectives of individuals and have a di-  
 269 verse and thorough understanding of the perceptions  
 270 and practices of teaching VLS in the classroom for stu-  
 271 dents at different levels: pre-intermediate, intermedi-  
 272 ate, and upper-intermediate.

### Research instruments

273

274 This study employed observations and semi-  
 275 structured interviews. The alignment between the  
 276 research questions and methods of data collection is  
 277 presented in Table 1.

### Classroom observation

278

279 The use of observation can provide more valid or au-  
 280 thentic data (Cohen et al., 2018)<sup>37</sup>. Cohen et al.  
 281 (2018)<sup>37</sup> suggests that the researcher stays with the  
 282 participants for a substantial period of time to ad-  
 283 dress reactivity, the effects of changing behaviors of  
 284 observees due to the researchers' presence. Therefore,  
 285 non-participant observations (see Appendix A for the  
 286 guiding questions) were carried out in three weeks.  
 287 The observation sheets were completed during the ob-  
 288 servations to minimize the problem of selective mem-  
 289 ory.

**Table 1: Alignment between research questions and methods of data collection**

Research questions	Methods of data collection	Data sources
1. How do teachers teach vocabulary learning strategies to their students?	Observations (12)	The researcher
	Semi-structured interviews (4)	The teachers
2. What are the teachers' perceptions of teaching vocabulary learning strategies?	Semi-structured interviews (4)	The teachers

290 **Semi-structured interviews**

291 Besides observations, interviews were considered a  
 292 powerful tool to collect qualitative data, explore issues  
 293 in depth and understand why people hold the  
 294 ideas for what they do (Cohen et al., 2018)<sup>37</sup>. Hence,  
 295 the researcher conducted semi-structured interviews,  
 296 where the questions are open-ended with prompts  
 297 and probes (Cohen et al., 2018)<sup>37</sup>. There were three  
 298 questions in the interview to explore their percep-  
 299 tions about VLS instruction and some prompts and  
 300 probes for participants to elaborate on their answers  
 301 (Appendix B).

302 **Data collection and analysis procedure**

303 **Data collection procedure**

304 First, classroom observations were conducted by one  
 305 of the researchers to explore what and how VLS  
 306 were instructed in the classroom. He observed one  
 307 specific class of each teacher three times. Conse-  
 308 quently, twelve observation fieldnotes were collected  
 309 after three weeks. Afterwards, the teachers were indi-  
 310 vidualy invited to attend online interviews on Zoom  
 311 platform. All interview sessions were recorded to as-  
 312 sist the subsequent data analysis.

313 **Data analysis procedure**

314 Firstly, all interview recordings were transcribed us-  
 315 ing Cockatoo. To make it easier to keep track of the  
 316 documents, the interview transcripts and observation  
 317 fieldnotes of each participant were given a code, pre-  
 318 sented in Table 2.

319 Thematic analysis was employed to analyze and cre-  
 320 ate themes from the observation fieldnotes and in-  
 321 terview transcripts. The study identified two main  
 322 themes with some supporting themes and subthemes,  
 323 all of which are presented in the following thematic  
 324 network (Figure 2).

325 **FINDINGS AND DISCUSSIONS**

326 **Findings**

**Teachers' practices of VLS instruction**

327 The data from the observation sessions revealed that  
 328 the teachers did not explicitly instruct VLS, but rather  
 329 used them to teach vocabulary. Table 3 presents how  
 330 often each VLS was used by the teachers.  
 331

332 As clearly shown in Table 3, the most commonly used  
 333 VLS were synonyms/ antonyms and contextualiza-  
 334 tion. All the teachers were observed to use synonyms  
 335 and antonyms to convey the meaning of words. For  
 336 example, T1 explained that the word "procrastina-  
 337 tion" was the synonym of the phrase "put off" (O1.1).  
 338 Similarly, T2 used synonyms such as "nice" or "help-  
 339 ful" to explain the adjective "kind" (O2.2). Besides,  
 340 they frequently employed contextualization to create  
 341 contexts for the new words, often through example  
 342 sentences, and elicited responses from the students.  
 343 One teacher, T2 in particular, taught the adjective  
 344 "patient" by giving the students the sentence "My girl-  
 345 friend is really patient, as she can wait for a long time  
 346 without becoming angry." (O2.2). From this, the  
 347 teacher asked the students to figure out the meaning  
 348 of the word.

349 The next strategies were using realia and definition.  
 350 All of the teachers tended to use visual aids, specifi-  
 351 cally pictures, to convey the meaning of new words.  
 352 For instance, to explain the noun "countdown", T1  
 353 simply showed the students a photo of a New Year's  
 354 Eve party and elicited responses from the students  
 355 (O1.1). Additionally, albeit not as frequently as the  
 356 other strategies, definitions were used to teach com-  
 357 plex words or phrasal verbs. For instance, T1 pro-  
 358 vided the definitions of words and phrases such as  
 359 "punctual" and "cut down on" (O1.1; O1.2). Other  
 360 teachers, like T2, explained the phrase "go on an ex-  
 361 pedition" by giving the students the meaning of the  
 362 noun "expedition".

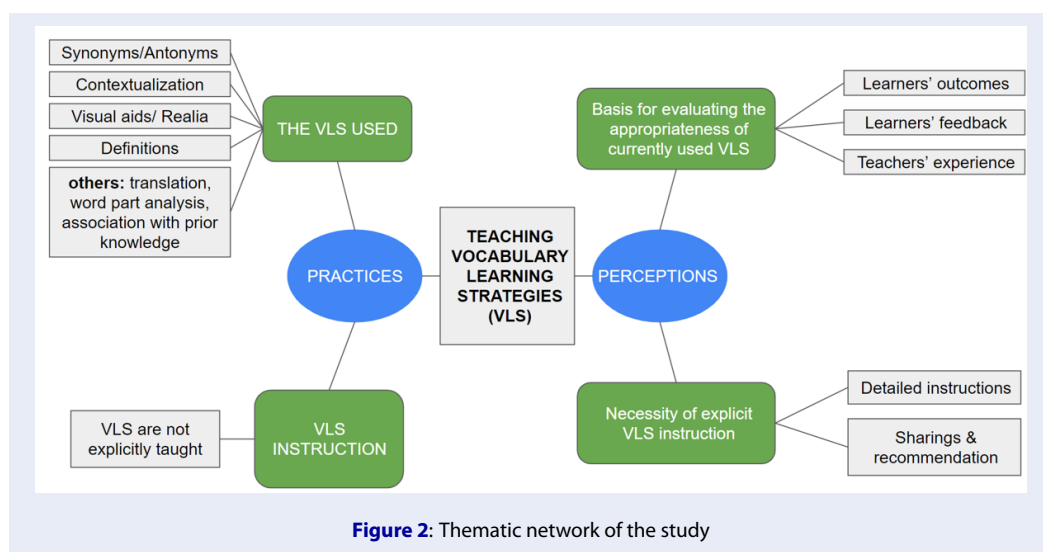
363 Finally, there were other strategies that were employed  
 364 by certain teachers including translation, word part  
 365 analysis, and association with prior knowledge. T3,  
 366 for example, translated the word "optimistic" into  
 367 Vietnamese (O3.1). Regarding word part analysis,  
 368 T2 would explain the word "unfriendly" by analyzing



**Table 2: Codes of data**

Participants	Codes
	Observation fieldnotes                      Interview transcripts
Teacher 1 (T1)	O1.1 → O1.4                                      I1
Teacher 2 (T2)	O2.1 → O2.4                                      I2
Teacher 3 (T3)	O3.1 → O3.4                                      I3
Teacher 4 (T4)	O4.1 → O4.4                                      I4

Note: O = Observation, T = Teacher, I = Interview



**Figure 2:** Thematic network of the study

**Table 3: The frequency of each VLS employed by the four teachers**

Vocabulary learning strategies	Teacher 1	Teacher 2	Teacher 3	Teacher 4
Synonyms/antonyms	frequently	frequently	frequently	frequently
Contextualization	frequently	frequently	frequently	frequently
Realie	frequently	frequently	frequently	frequently
Definition	frequently	frequently	frequently	frequently
Translation	frequently	rarely	rarely	frequently
Word part analysis	frequently	rarely	sometimes	sometimes
Association with prior knowledge	never	never	rarely	never

369 the prefix “un-”, meaning “not” or “against” (O3.1).  
 370 For associating with prior knowledge, only T4 was  
 371 reported to employ this strategy during one session  
 372 (O4.1).

### 373 **Teachers’ perceptions of VLS instruction**

#### 374 **Necessity of teaching VLS**

375 The study discovered two thoughts on the need to ex-  
 376 plicitly teach VLS. On the one hand, T1 and T4 high-  
 377 lighted the importance of VLS for lifelong learning  
 378 since they empower students to learn outside of the  
 379 classroom without the teachers’ assistance. Hence,  
 380 VLS instruction cannot be ignored in an English class.  
 381 *“If there’s no teacher, they can still have the strategy*  
 382 *available to help them learn at home... so they can dis-*  
 383 *cover the meaning of the word and really take in the*  
 384 *word”* (I4).

385 On the other hand, T2 and T3 assumed that VLS  
 386 should be briefly introduced as a strategy to broaden  
 387 vocabulary size, but not as a compulsory part of teach-  
 388 ing in class. It is argued that VLS catered to certain  
 389 learning styles and priorities (T2), so it was better  
 390 for students to explore VLS by themselves (T2, T3).  
 391 Hence, it can be concluded that the teachers showed  
 392 less consensus on the need for VLS instruction.

#### 393 **Basis of evaluating the appropriateness of the cur- 394 rently used VLS**

395 Students’ language abilities and cognitive levels were  
 396 reported to be the most popular criteria used by the  
 397 teachers when evaluating the suitability of their cur-  
 398 rently used VLS. Also, the study obtained other use-  
 399 ful techniques from T1 and T2. T1 tended to check  
 400 the appropriateness of VLS through *“tests, their [stu-*  
 401  *dents’] engagement, their comprehension, and their*  
 402 *progress in vocabulary learning.”* He would also gather  
 403 feedback from his students through informal and for-  
 404 mal assessments, observations and even in open com-  
 405 munication. T2 suggested relying on the teacher’s ex-  
 406 perience and the students’ performances.

407 In a nutshell, the necessity of explicit instruction on  
 408 VLS is acknowledged with a slight discrepancy among  
 409 the teachers in the extent to which VLS should be in-  
 410 structed in class. They also mentioned some ways to  
 411 evaluate the appropriateness of the VLS they are cur-  
 412 rently using for their classes.

### 413 **Discussion**

#### 414 **Teachers’ practices of VLS instruction**

415 The teachers were found to use a wide range of VLS  
 416 with diverse combinations in their vocabulary teach-  
 417 ing practice, like those in Ölmez (2014)<sup>25</sup>. Such in-  
 418 tegrations can be explained by several factors pointed

419 out in previous studies (Lai, 2005; Pookcharoen, 2016;  
 420 Schmitt, 2007)<sup>27-29</sup> such as time constraints, targeted  
 421 vocabulary, lesson objectives, learners’ proficiency,  
 422 and teachers’ instructional approaches. Also, the use  
 423 of various VLS is believed to raise the learners’ aware-  
 424 ness of the available VLS so that they can choose  
 425 which VLS fit them the best (Anderson, 2005; Na-  
 426 tion, 2013; Ölmez, 2014)<sup>25</sup>. It could be inferred that  
 427 the majority of those strategies were employed by the  
 428 teachers to illustrate the forms and meanings of voc-  
 429 abulary like its word parts, referents, and associa-  
 430 tions, the receptive aspect of vocabulary knowledge as  
 431 in Nation’s (2013) framework. There was an absence  
 432 of focus on deeper levels such as collocations and reg-  
 433 isters. Even contextualization was utilized to elicit the  
 434 meaning of new words, not to help the students un-  
 435 derstand the use of those words in that particular con-  
 436 text. As a consequence, despite the variety of strate-  
 437 gies used, the students may understand the meaning  
 438 but lack the productive knowledge of vocabulary as  
 439 they do not know how to use it.

440 Also notable is a mismatch between how the teach-  
 441 ers perceived the importance of VLS instruction and  
 442 what they really did in class. The teachers were found  
 443 not to provide explicit instruction about VLS, instead,  
 444 they made use of the strategies as a means to teach new  
 445 vocabulary, or offered a quick introduction to the stu-  
 446 dents, which seems to have no impact on the learn-  
 447 ers’ autonomous use of VLS in their self-study (Na-  
 448 tion, 2013; Webb, 2019). It could be explained by the  
 449 fact that the teachers may not be fully aware of how  
 450 to teach VLS effectively, as Nation (2013) acknowl-  
 451 edges that there is little research providing guidance  
 452 for teachers.

### 453 **Teachers’ perceptions of VLS instruction**

454 While all of the teachers appreciate the benefits of  
 455 VLS, they held different thoughts on the necessity  
 456 of VLS instruction. One group highlighted that it  
 457 was vital to provide students with clear guidance on  
 458 VLS. However, the others advocated a quick intro-  
 459 duction to VLS, arguing that students should be al-  
 460 lowed to decide on suitable VLS by themselves in-  
 461 stead of involving in a detailed instruction of all strate-  
 462 gies. This could be explained that there exist several  
 463 factors that can hinder the explicit teaching of VLS,  
 464 such as students’ learning styles, motivation, objec-  
 465 tives, and learning contexts outside the classroom, as  
 466 suggested by Schmitt (2007)<sup>27</sup>. Nonetheless, Nation  
 467 (2013)<sup>8</sup>, Anderson (2005)<sup>24</sup>, and Ölmez (2014)<sup>25</sup> do  
 468 not support such a claim. They emphasize that learn-  
 469 ers need comprehensive training from teachers to be

470 clearly aware of the available learning strategies to en- 521  
 471 sure the effective use of VLS. T1, considered to be the 522  
 472 most knowledgeable and experienced one, also agreed 523  
 473 that VLS should be systematically taught to students 524  
 474 and the effectiveness of VLS instruction must be as- 525  
 475 sessed by certain techniques. 526

476 Besides concerning the alignment between the used 527  
 477 VLS and students' proficiency level, the teachers are 528  
 478 recommended to use different techniques to thor- 529  
 479 oughly evaluate the appropriateness of VLS instruc- 530  
 480 tion. Some techniques that were advised in the study 531  
 481 include the use of formal and informal assessments 532  
 482 to test students' use of VLS, students' oral or writ- 533  
 483 ten feedback, and classroom observations. However, 534  
 484 among the four teachers, only T1 attempted to use 535  
 485 those techniques in his class. Thus, it can be inferred 536  
 486 that the teachers have not given enough consideration 537  
 487 to the assessment of students' capacity to use VLS, 538  
 488 which is deemed highly important in VLS instruction 539  
 489 (Nation, 2013; Webb, 2019)<sup>8,26</sup>. 540

490 **CONCLUSION**

491 The findings have provided insight into teachers' 541  
 492 practices and perceptions of VLS instruction. Some 542  
 493 VLS were employed by the participants when teach- 543  
 494 ing vocabulary but were not explicitly taught to the 544  
 495 students. Regarding perceptions, not all of the par- 545  
 496 ticipants thought VLS should be taught explicitly but 546  
 497 should only be recommended to their learners. Over- 547  
 498 all, there is a discrepancy, to a certain extent, be- 548  
 499 tween their perceptions and practices regarding VLS 549  
 500 instruction. 550

501 There are some implications for teachers and teacher 551  
 502 trainers. Considering the acknowledged benefits of 552  
 503 VLS, teachers should emphasize the necessity of using 553  
 504 VLS and instruct students to effectively employ cer- 554  
 505 tain strategies appropriate for their level and learning 555  
 506 styles. There should be demonstration, practice, and 556  
 507 evaluation of strategy use in VLS instruction. Teach- 557  
 508 ers can combine different VLS to maximize their ef- 558  
 509 fect and experiment with certain VLS to evaluate their 559  
 510 suitability. The findings also illustrate that teachers of- 560  
 511 ten focus on enhancing students' receptive vocabulary 561  
 512 knowledge rather than their ability to produce vocabu- 562  
 513 lary. This highlights the need for more training on 563  
 514 vocabulary production and use, such as teaching col- 564  
 515 locations, registers, and word usage. In other words, 565  
 516 once students have mastered the form and meaning of 566  
 517 words, teachers should focus on expanding their vo- 567  
 518 cabulary knowledge in usage for productive skills. It 568  
 519 is also essential that VLS instruction be introduced to 569  
 520 teachers in regular workshops and training sessions. 570

Moreover, teachers and teacher trainers should dis- 521  
 522 cuss how to incorporate VLS instruction into their 523  
 524 daily lessons with the use of games and activities for 525  
 526 students' independent learning. 527

Regarding the limitations, this case study involved a 528  
 529 small number of participants due to their availability 530  
 531 and time constraints. It is recommended that a larger 532  
 533 sample be obtained in various teaching contexts to 534  
 535 provide a richer description of teachers' perceptions 536  
 537 and practices of teaching VLS. Further studies might 538  
 539 also include students' perceptions of teachers' VLS to 540  
 541 investigate the usefulness of these strategies and their 542  
 543 difficulties when using VLS. 544

545 **APPENDIX A: GUIDING QUESTIONS**  
 546 **FOR OBSERVATION**

547 **1. How were new vocabulary taught?**

- *The steps to teach/ introduce new vocabulary and 537*  
*duration of each step* 538
- *Use of materials, teaching aids, tools, or realia (if 539*  
*any)* 540
- *Language of instruction: L1, L2, or both?* 541
- *Use of **concept-checking questions** (to check 542*  
*students' understanding of the concept) and 543*  
***instruction-checking questions** (to check stu- 544*  
*dents' understanding of the instruction provided)* 545

546 **2. How were VLS taught?**

547 **3. Are there any unexpected incidents/ occurrences**  
 548 **during the lesson?**

549 **APPENDIX B: INTERVIEW**  
 550 **QUESTIONS**

- *What are the levels of the students that you are 551*  
*currently teaching?* 552
- *Do you think the vocabulary learning strategies 553*  
*you are currently using are appropriate for the 554*  
*level of the students in your class?* 555
- *In your opinion, should teachers explicitly teach 556*  
*vocabulary learning strategies to their students? 557*  
*Why (not)?* 558

559 **BIODATA**

560 All of the four authors are studying the Master's pro- 561  
 562 gram in TESOL at the University of Social Sciences 563  
 564 and Humanities. They all share the same interest in 565  
 566 the studies of English linguistics and language learn- 567  
 568 ing strategies. 569  
 570



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